



# Charles Meredith

## M.D. Psychiatrist

Office: (206) 386-3103

### Bio

A native of Seattle, Dr. Meredith received his MD from the University of Wisconsin and then completed his psychiatry residency and addiction psychiatry fellowship at the University of Washington. He was heavily involved in medical student and resident education as an academic faculty member at the the University of Washington School of Medicine and the Seattle VA. He has published multiple peer-reviewed research articles and co-authored several book chapters, primarily on pharmacological treatments of substance use disorders. He is the Immediate Past President of the Washington State Psychiatric Association, formerly Medical Director of the Washington Physicians Health Program, and is currently Clinical Assistant Professor of Psychiatry at the University of Washington. He believes prominently in a collaborative relationship with his patients.

### Areas of Expertise:

- Substance use disorders
- Bipolar mood disorder
- Recurrent major depressive disorder
- PTSD and other anxiety disorders
- Disorders in physicians and other safety-sensitive professionals.