



# Megan Gary

## Psychiatrist

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### Bio

Dr. Megan Gary received her MD from Loyola School Stritch School of Medicine and her psychiatry residency and addiction psychiatry fellowship at the University of Washington. She has been in practice for ten years. In addition to clinical work, Dr. Gary has been very active in clinical leadership. She has also served as clinical director for Strong Minds for the Special Olympics Healthy Athletes division for several years. Dr. Gary enjoys a collaborative relationship with her patients. She utilizes evidence-based practices and, when indicated, cognitive behavioral therapy. She offers medication management alone as well as medication management plus psychotherapy for common conditions such as depression, anxiety, bipolar disorder, OCD, ADHD, PTSD, binge eating disorder, substance use disorders. When she is not working, Dr. Gary enjoys spending time with her husband, exercising, watching movies, and hanging out with her two big dogs.

### Education and Training Background

BS in Biological Sciences from the University of Notre Dame

Medical School training at Loyola Stritch School of Medicine

Psychiatry Residency Program at the University of Washington

Addiction Psychiatry Fellowship at the University of Washington

Master of Health Administration from the University of Washington